

## BREAKFAST MENU

(6:30AM-11:00AM)

### OVERNIGHT CHIA PUDDING 12 <sup>GL, DF</sup>

Coconut Milk, Maple Syrup, Vanilla, Seasonal Fruit Coulis, Banana, House Made Granola

### WELLNESS POACHED EGGS 22 <sup>GL, DF, V</sup>

Cage Free Eggs, Artichoke Bottoms, steamed Spinach, Sliced Seasonal Tomatoes, Harissa Sauce

### AMERICAN BREAKFAST 22

Two Cage Free Eggs any Style, Choice of Bacon, Pork Links or Chicken Apple Sausage, Toast or English Muffin, Breakfast Potatoes

### THREE CAGE FREE EGG OMELET 19

Choice of Three Fillings: Bell Peppers, Bacon, Tomatoes, Green Onion, Spinach, Jalapeno, Mushrooms, Cheese, Toast, Breakfast Potatoes

### HUEVOS RANCHEROS 20 <sup>GL, V</sup>

Two Sunny-Side up Cage Free Eggs, warm Corn Tortilla, Vegetarian Refried Beans, Colby Cheese, Salsa, Sour Cream, Avocado

### SCROLL EGGS BENEDICT 19

Cage Free Poached Eggs, Apple Wood Smoked Ham, toasted English Muffin, Sauce Hollandaise, Breakfast Potatoes

GL=GLUTEN FREE

DF=DAIRY FREE

V=VEGETARIAN



\*consuming raw or undercooked meats, poultry, seafood, shellfish and eggs may increase your risk to food borne illness

### BUTTERMILK PANCAKES 17

Maple Syrup, Sweet Butter  
ADD chocolate chips +1

### FRENCH TOAST 17

Maple Syrup, Sweet Butter

### FRITTATA WRAP 12 <sup>v</sup>

Cage Free Egg Whites, Spinach & Feta Cheese, Sliced Seasonal Tomatoes

### BREAKFAST BURRITO 13

Apple Wood Smoked Bacon, Cage Free Egg, Crispy Potato & Cheddar Cheese, Molcajete Salsa

### BAGEL & CREAM CHEESE 6

#### SIDE OF MEAT 5 <sup>GL</sup>

Apple Wood Bacon, Pork Sausage Links, Chicken Apple Sausage Links

### ONE CAGE FREE EGG (any way) 4 <sup>GL, V</sup>

### SIDE BREAKFAST POTATOES 5 <sup>GL, DF, V</sup>

### SIDE TOAST OR ENGLISH MUFFIN 3

### BREAD SELECTIONS

White

Wheat

Sourdough

Marble Rye

### BEVERAGES

LAVAZZA COFFEE 5

CAFFE LATTE 6

CAPPUCCINO 6

HARNEY & SONS HOT TEA 5

JUICE 4

ORANGE, APPLE, CRANBERRY, PINEAPPLE, GRAPEFRUIT